

# The Mentoring Effect on Education



Mentoring changes the course of young lives which, in turn, can change the future of **communities** by making them **better** places to work, live and thrive.

It can lead to a reduction in poverty and unemployment, to **safer schools** and neighborhoods and to a renewed optimism for **growth**.

## The Challenge:

Youth who do not graduate from high school are at a serious disadvantage in terms of personal and economic success.

## The Solution: Mentoring

### Mentoring = Immediate Results

- Students who meet regularly with their mentors are **52% less likely** than their peers to skip a day of school and 37% **less likely** to skip a class
- Girls are **2½X more likely** to be **confident** in their ability to be successful at school
- Boys are **2X more likely** to believe that **school is fun** and that **doing well academically** is important

### Mentoring = Safer Schools

- Girls are **4X less likely** to bully, fight, lie or lose their temper.
- Boys are **3 X less likely** to suffer **peer pressure** related anxiety;
- Boys are **2X less likely** to develop **negative conducts** like bullying, fighting, lying, cheating or losing their temper.

### Mentoring = Future Success

- **63%** have **post-secondary** education
- **17%** more likely to be **employed**
- **13%** **higher earnings**—\$315,000 higher lifetime earnings
- **47%** hold **senior leadership** positions

## Mentoring Works.

For over one hundred years, Big Brothers Big Sisters has been making a positive difference in the lives of Canada's youth by developing and implementing a wide range of mentoring programs. Mentors teach by example the importance of giving and giving back, of **staying in school** and of having respect for family, peers and community.

Across Canada, Big Brothers Big Sisters has over 115 agencies supporting 300 communities which serve more than **42,000** children and youth; however, there are still **thousands more Canadian children and youth waiting for mentors**.

Stats referenced come from these studies:  
Boston Consulting Group - Social Return on Investment Study • Public/Private Ventures study of Big Brothers Big Sisters • Big Brothers Big Sisters and the Centre for Addiction and Mental Health (CAMH) longitudinal study • Search Institute Survey