

# The Impact of Mentoring on Canada's Youth

What if every child in Canada...

...fulfills his or her potential?

...is set on the right path today?

...finishes high school, goes to college or university, gets a job and gives back to their community?

Wouldn't that be something?



Preliminary results from a large-scale National research study conducted by Centre for Addiction and Mental Health, provide independent and reliable evidence of the impact of Big Brothers Big Sisters mentors on Canada's youth. When compared with young people who have never been matched<sup>1</sup>...

Youth who have been matched with a mentor are:

48% less likely to have behaviour problems in school.

2x

more likely to have high levels of school bonding and commitment

43% less likely to have conduct problems in school.

2x

more likely to have high academic achievement

34% less likely to allow themselves to be victimized or bullied by peers.

2 AND A HALF x

more likely to participate in extra-curricular school activities

**Mentored youth simply do better.**

We believe in the value and values of mentoring. **Start Something.**



Big Brothers Big Sisters.ca

<sup>1</sup>The analysis has been conducted to control for differences among the young people at baseline meaning that any differences later in the study can be attributed to the mentoring relationship.

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